

CLAIM AMENDMENTS:

Claims 1- 26 (canceled).

27. (currently amended) A black currant anthocyanin-containing food composition suitable for human consumption ~~for food~~, which comprises 5 to 25 % by weight[[,]] of black currant anthocyanin on the basis of solid matters.

28. (currently amended) The black currant anthocyanin-containing food composition suitable human consumption ~~for food~~ according to claim 27, wherein the black currant anthocyanin comprises delphinidin in an amount of 2.5 to 12.5 % by weight on the basis of solid matters.

29. (currently amended) The black currant anthocyanin-containing food composition suitable for human consumption ~~for food~~ according to claim 27, wherein the black currant anthocyanin comprises delphinidin-3-o-rutinoside in an amount of 2 to 10 % by weight on the basis of solid matters.

30. (currently amended) A process for producing black currant anthocyanin-containing food compositions suitable for human consumption ~~for food~~; wherein black currant juice, as a starting material, is purified and concentrated with a negatively charged reverse osmosis membrane.

31. (canceled)

32. (currently amended) The process for producing black currant anthocyanin-containing food compositions suitable for human consumption ~~for~~ ~~food~~ according to claim 30, wherein the negatively charged reverse osmosis membrane has a salt retention rate of 5 to 20% in the case of NaCl.

33. (currently amended) A process for producing black currant anthocyanin-containing food compositions suitable for human consumption ~~for~~ ~~food~~ according to claim 30, wherein an ion-exchange resin is also used to ~~absorb~~ adsorb and concentrate anthocyanin.

34. (currently amended) The process for producing black currant anthocyanin-containing food compositions suitable for human consumption ~~for~~ ~~food~~ according to claim 33, wherein the ion-exchange resin is a strong acid cation-exchange resin.

35. (currently amended) A health-promoting food or drink ~~which~~ ~~comprises~~ including the black currant anthocyanin-containing food composition suitable for human consumption ~~for food~~ according to claim 27.

36. (currently amended) The health-promoting food or drink according to claim 35; wherein the food or drink is candy, chewing gum, juice, chocolate, tablet, gelatinous food, or jam.

37. (currently amended) The black currant anthocyanin-containing food composition suitable for human consumption ~~for food~~ according to claim 27, which contains an effective amount of the black currant anthocyanin ~~has at least one effect~~ for improving visual function ~~selected from effects (1) to (8) as follows:~~ of alleviating asthenopia and/or improving adaptation to darkness.

- ~~(1) an effect of alleviating asthenopia; and~~
- ~~(2) an effect of recovering lowered visual acuity;~~
- ~~(3) an effect of alleviating myopia;~~
- ~~(4) an effect of recovering lowered refraction power of crystalline lens;~~
- ~~(5) an effect of improving visual acuity in the darkness;~~
- ~~(6) an effect of improving adaptation to darkness;~~
- ~~(7) an effect of improving retinal function; and~~
- ~~(8) an effect of improving retinal rod.~~

38. (currently amended) The health-promoting food or drink according to claim 35, which contains an effective amount of the black currant anthocyanin ~~has at least one effect~~ for improving visual function ~~selected from effects (1) to (8) as follows:~~ of alleviating asthenopia and/or improving adaptation to darkness.

- ~~(1) an effect of alleviating asthenopia; and~~
- ~~(2) an effect of recovering lowered visual acuity;~~
- ~~(3) an effect of alleviating myopia;~~
- ~~(4) an effect of recovering lowered refraction power of crystalline lens;~~

- ~~(5) an effect of improving visual acuity in the darkness;~~
- ~~(6) an effect of improving adaptation to darkness;~~
- ~~(7) an effect of improving retinal function; and~~
- ~~(8) an effect of improving retinal rod.~~

39. (currently amended) The black currant anthocyanin-containing food composition suitable for human consumption ~~for food~~ according to claim 27, which has an effect for improving blood fluidity compared to blood fluidity before ingestion of the composition and/or an effect for lowering blood pressure compared to blood pressure before ingestion of the composition.

40. (currently amended) The health-promoting food or drink according to claim 35, which has an effect for improving blood fluidity compared to blood fluidity before ingestion of the composition and/or an effect for lowering blood pressure compared to blood pressure of before ingestion of the composition.

41. (new) A black currant anthocyanin-containing food composition suitable for human consumption comprising 5 to 25 % by weight of black currant anthocyanin on the basis of solid matters, which is prepared by purifying and concentrating a black currant juice with a negatively charged reverse osmosis membrane.